

COVID-19 Vaccine

Protect Yourself and Your Family

Take the first step: Reserve your vaccine

Find a provider at covid19.bfhd.wa.gov/covid-19-vaccine-information or vaccinelocator.doh.wa.gov

Side Effects

- ✓ Mild to moderate
- ✓ Last around 24 hours
- ✓ Some people have none
- ✓ Sign that your body is responding correctly!

Although common with the virus, the vaccine does **NOT** cause difficulty breathing, cough, loss of taste/smell, or COVID-19 infection.

Possible Side Effects

On the injection arm:

- Pain
- Redness
- Swelling

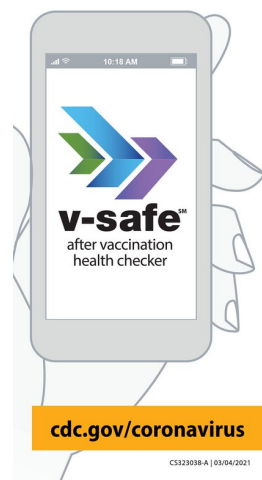
In the body:

- Tiredness
- Head or muscle ache
- Chills / Low Fever
- Nausea

After Vaccine Care

- ✓ Use cold cloth on the injection site for any swelling
- ✓ Drink plenty of water
- ✓ Use and exercise the arm
- ✓ Use pain reducing medicines for soreness or aches
- ✓ Call the doctor if symptoms worsen or do not go away after a few days

Voluntary: sign up for v-safe with the CDC to monitor and report your symptoms. You'll also get a 2nd dose reminder, if needed.



The Truth About COVID-19 Vaccine

- There is **NO live virus** in the vaccine - it cannot infect you with COVID-19
- Get vaccinated even if you've had COVID - wait 14 days post infection and once symptoms clear
- There is **NO evidence** of any issues related to fertility
- It is **SAFE** - no eggs, preservatives, or latex; this vaccine science is not new
- It is **EFFECTIVE** - prevents hospitalization and death

Do I need a second dose of COVID-19 Vaccine?

To find the brand of vaccine you received, look at your vaccination card.

- ✗ **Janssen (Johnson & Johnson):** NO, you do not need to return for a second dose.
- ✓ **Pfizer:** YES, return for a second dose in 21 days
- ✓ **Moderna:** YES, return for a second dose in 28 days